***My Absolute Must List for January 2012***

Create an Absolute Must List (adapted from the NY Times bestseller “Take Time for Your Life” by Cheryl Richardson) - a new set of 5 priorities that will inspire you to use and align the gift of your precious time differently. This list can become the governing document that will guide you to make wise choices about how you live and what you do well during your upcoming month.

My Absolute Must List for January 2012

1.

2.

3.

4.

5.

Does this list excite you?? Will it inspire you to shift your focus and give more of your attention to these key priorities?? Will it energize you to do what you must do to really follow through??

Let your Absolute Must List remind you of what’s important – what you really want. Print it on index cards. Post it where it will serve you well. When you know what you want, your focus becomes crystal clear – you can honor your priorities. I always liked what Tony Robbins said and recommended when he faced difficult challenges – “if you think you can’t, then you must”